

# HOLOKAI

## BIATHLON 2018

April 15th, 7:00am

1 Mile Fun Run \* 5k Run \* 800m Swim



### RUN / SWIM COURSE:

The run / swim course consists of a 5k run around Ala Moana Beach Park and a 800m swim fronting the park. The run is first, followed by the swim. The run starts at 7:30 AM. Time Limit 1 hour 15 min.

### FUN RUN - STARTS at 7AM:

Starts at 7AM, before the Biathlon. 1 mile run around Magic Island Loop / Entry Fee is \$20.

### BIATHLON - STARTS at 7:30 (after FUN RUN)

\$30-35 INDIVIDUAL / \$50-60 TEAM. Non-refundable fee must accompany each entry form. Online registration closes on 4/1. All early registrants will receive a t-shirt.

### LATE ENTRIES (After 4/1):

\$35 INDIVIDUAL / \$60 TEAM

Late Entries will be accepted online or on race day. Bring application to the Registration Table on race day. Entries accepted on race day from 6:00 - 7:00 am. We cannot guarantee t-shirts for late entries.

### TO REGISTER FOR THE RACE:

Online at [www.teamholokai.com](http://www.teamholokai.com), or Mail (by 4/1) completed entry form + check to: 1444 La'ania St. Honolulu, HI 96821 / Checks should be payable to: "TEAM HOLOKAI INC."

### PACKET PICK-UP:

The Running Room

819 Kapahulu Ave, Honolulu, HI 96816

Friday, April 13<sup>th</sup> 3:30 – 6:00

Saturday, April 14<sup>th</sup> 10:00 – 3:00

### TIMING CHIP PICK-UP:

On April 15th, Race Day, Check in from 6:00AM for number assignments and timing chips. Registration Table closes at 7:00AM

### MEDALS + AWARDS:

ALL participants in the Fun Run and 1<sup>st</sup> place finishers for each division will receive a medal or award.

### INDIVIDUAL / TEAM / FUN RUN RUNNER'S FULL NAME (LAST, FIRST)

Date of Birth:

Sex

Shirt Size : S M L XL

(Circle One)

EMAIL or PHONE:

### INDIVIDUAL OR TEAM SWIMMER'S FULL NAME (LAST, FIRST)

Date of Birth:

Sex

Shirt Size : S M L XL

(Circle One)

EMAIL or PHONE:

WAIVER & RELEASE: In consideration of this application being accepted, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against race officials, volunteers, sponsors, TEAM HOLOKAI INC., ACCESURF, the City & County of Honolulu and the State of Hawaii resulting from involvement with this event. I will additionally permit the free use of my name, photograph and interviews in association with this event in broadcast, telecast, advertisements, films, videotapes or any reproduction thereof. TEAM HOLOKAI INC. / ACCESURF reserves the right to refuse entry to anyone for any reason.

Parent or legal guardian signature and agreement to waiver, if entrant under 18.

Date